**A picture containing text, sign

Description automatically generated**

We are working with Active Essex and Active Essex Foundation to collect some information about the people that take part. However, please be assured we will not be analysing or identifying any individual responses and you do not need to write your name on this questionnaire.

Completing the questions should take 5-10 minutes.

You do not have to take this survey. Your participation in this survey is voluntary. You may refuse to take part or stop the survey at any time. Your data will be submitted only upon completing the entire questionnaire. You can request to have your data deleted at any time by emailing [aefsportsandyouthcrimeprevention@activeessex.org](mailto:aefsportsandyouthcrimeprevention@activeessex.org)

**Data Protection Act 2018**

The information you provide is confidential and subject to the requirements of the Data Protection Act 2018. This personal data will be held and processed by Active Essex (Sport and Physical Activity Partnership) for the purpose(s) of providing and monitoring the effectiveness of the Essex Youth Crime & Sport Project and comply with any statutory duty in relation with public health placed on the local authorities, including service communication purposes. The personal details you provide may also be shared with third parties for the purposes of undertaking research, for the provision of appropriate services, as part of any statutory duties requiring such disclosure and to protect the public funds the Council collects and administers on the basis that they treat the information as confidential. Any data may be used to prevent fraud or the misuse of resources. For further information of our privacy notice, please visit: <https://www.essex.gov.uk/privacy-community>. You can also contact us on *03457 430430*if you have additional questions.

Ticking "I agree" below indicates that:

* You have read the above information and you understand it
* You voluntarily agree to participate
* You are at least 16 years of age or are under 16 and have consent from a parent or guardian to take part

I agree (Required)

**Please enter the URN code that you have been given** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**About this session or project...**

**What is the name of the session or project you are at?**

(if you don’t know what it is, please speak to the session leader)

……………………………………………………………………..

**Why did you decide to take part in the session today?**

Please tick all that apply to you

I was told to come by another adult (e.g. support worker)

I was told to come by family

I like to do new things

Nothing else to do

To stay safe

To be active

To learn new things

To meet new people

To have fun

My friends come to this session

To be healthier

To keep out of trouble

Because I like sport

The location suits me

New things happen here

To volunteer

To take part in training and get a qualification

To prepare me for getting a job

Other

**About you…**

**To what extent do you agree or disagree with the following statements:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Strongly agree** | **Agree** | **Disagree** | **Strongly disagree** | **Can’t say** |
| I can achieve most goals I set myself |  |  |  |  |  |
| If I find something difficult I keep trying until I can do it |  |  |  |  |  |
| I feel confident at having a go at things that are new to me |  |  |  |  |  |

**On a scale of 0-10 where 0 is 'not at all' and 10 is 'completely', please mark one number on the scale:**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **0** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| Overall, how happy did you feel yesterday: |  |  |  |  |  |  |  |  |  |  |  |
| Overall, to what extent do you feel the things you do in your life are worthwhile: |  |  |  |  |  |  |  |  |  |  |  |
| Overall, how satisfied are you with your life nowadays: |  |  |  |  |  |  |  |  |  |  |  |

**Do you think that the score you gave in your responses to the above questions have been positively impacted by being involved with this session or project?**

Yes

No

Maybe

**In the past week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate?**

This may include sport, exercise, and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that may be part of your job. DO NOT INCLUDE ACTIVITIES IN SCHOOL PE LESSONS

(please circle)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **0** | **1** | **2** | **3** | **4** | **5** | **6** | **7** |

**How strongly do you feel you belong to your immediate neighbourhood?**

Please think of the area within a few minutes walking distance from your home

Very strongly

Fairly strongly

Not very strongly

Not at all strongly

**How much do you feel you can trust people who are a similar age to you?**

I can trust them a lot

I can trust them a bit

I can’t trust them very much

I can’t trust them at all

**What is your education, employment or training status?**

I am at school or college

I am completing an apprenticeship

I am employed

None of the above

**In the last 12 months, have you given unpaid help to groups or clubs, for example, leading a group, administrative support, mutual aid groups or befriending or mentoring other young people?**

Yes

No

**The session or project and you...**

**Thinking about your involvement at this session or project, how much do you agree with the following statements?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Do Not Agree** | **Agree A Little** | **Agree A Lot** | **Not applicable** |
| I enjoy playing sport at this session |  |  |  |  |
| I enjoy helping out at this session |  |  |  |  |
| I enjoy volunteering at this session |  |  |  |  |
| I feel safe at this session |  |  |  |  |
| The coaches / leaders are firm but fair |  |  |  |  |
| The coach / leader gets who I am |  |  |  |  |
| I can talk to the coach / leader about things that bother me |  |  |  |  |
| I am treated with respect here |  |  |  |  |
| I feel part of something in this session |  |  |  |  |
| I have learnt new things here |  |  |  |  |
| I have achieved new things here |  |  |  |  |
| I have met new people here |  |  |  |  |
| I am getting on better at school / college because of this session or project |  |  |  |  |
| I would recommend this session or project to a friend |  |  |  |  |
| I feel healthier now |  |  |  |  |
| I am more motivated to take part in activities now |  |  |  |  |
| I am able to communicate better now |  |  |  |  |
| I get on better with other young people now |  |  |  |  |
| I have made new friends |  |  |  |  |
| I get on better with adults now |  |  |  |  |
| I can be relied on more now |  |  |  |  |
| I have learnt things that will help me to do well at school / college |  |  |  |  |
| I have learnt things that will help me to prepare for getting a job |  |  |  |  |

Thank you for completing the survey

***Please upload these results to*** [***https://app.impactreporting.co.uk/pwa/98e63Y***](https://app.impactreporting.co.uk/pwa/98e63Y)