

# ESSEX ACTIVATE

## SUPPORT, LEARN, DEVELOP

### LUNCH AND LEARN SESSIONS WITH SPORTING PEOPLE

Starting in September, Sporting People are offering a series of online, bitesize, lunchtime sessions over two dates in each month until March 2024. The first session (1) in the month will be on a specific topic and theme reflected from the self-assessment survey. The second session (2) within the month will be the same specific topic or theme brought to life by a special guest speaker. Please see all sessions that you can book onto below.

#### **Intro To Managing & Leading Small Organisations**

- (1) Tuesday 12th September 12:00-12:45pm, [link here.](#)
- (2) Tuesday 26th September 12:00-12:45pm, [link here.](#)

#### **Needs & Harm Prevention - Workforce Engagement**

- (1) Thursday 12th October 12:00-12:45pm, [link here.](#)
- (2) Tuesday 24th October 12:00-12:45pm, [link here.](#)

#### **Small Business Generic Support - Strategic Leadership & Planning For Small Organisations**

- (1) Tuesday 14th November 12:15-13:00pm, [link here.](#)
- (2) Tuesday 28th November 12:15-13:00pm, [link here.](#)

#### **Learning and Development - Future Skills For People**

- (1) Tuesday 16th January 12:15-13:00pm, [link here.](#)
- (2) Tuesday 30th January 12:15-13:00pm, [link here.](#)

#### **Small Business Generic Support - Designing & Delegating Roles**

- (1) Tuesday 13th February 12:15-13:00pm, [link here.](#)
- (2) Tuesday 27th February 12:15-13:00pm, [link here.](#)

#### **Workforce Journey - Recruitment, Onboarding, Leaving**

- (1) Tuesday 12th March 12-12:45pm, [link here.](#)
- (2) Tuesday 26th March 12-12:45pm, [link here.](#)



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### ACTIVE ESSEX FOUNDATION LEARNING COURSES

The Active Essex Foundation are working with Street Games again to provide different learning workshops, focusing on organisations who provide community sports, as well as locally trusted organisations (LTO's) who deliver primary, secondary and tertiary\* sport and physical activities, also intervention/prevention projects for young people aged 10-24 years, across Southend, Essex and Thurrock. Please see the list of courses below from September 2023 - January 2024.

#### **Impact of Sports and Youth Crime Workshop (10 - Principles and Theory Of Change)**

Wednesday 13th September - 09:00-14:30, [book here](#).

#### **Adverse Childhood Experiences (ACES) and Trauma Informed Practice**

Wednesday 8th November - 09:30-14:30, [book here](#).

#### **Mentoring Young People In Community**

Week commencing 22nd January TBC - 09:00-16:00, [book here](#).

Any questions you may have, please contact Suzanne Page (AEF Sports and Youth Crime Prevention Project Manager) here: [suzanne.page@activeessex.org](mailto:suzanne.page@activeessex.org)

